

This information gives a brief overview of the CETR programme (Care, Education and Treatment Review) which NHS England provides.

## What is a CETR?

A CETR is a meeting called when a child or young person who has a learning disability and/or autism is considered to be at risk of mental health inpatient hospital admission. The aim of the CETR is to seek alternatives to hospital admission, exploring what other services or options are available to keep the child or young person in the community, close to home. NHS England are dedicated to hospital admission avoidance for under-18s expect when this is required.

A CETR meeting should happen before any decisions are made about whether hospital care is right. This looks at why your child might need to go into hospital and whether extra support can be given at home instead.

A CETR meeting brings together: :

- **The child/young person and their family**
- **People who commission and provide services (e.g. nurses, social workers, commissioners and other health, education and social care professionals)**
- **An independent clinical adviser**
- **An expert adviser who will be someone with lived experience of having a learning disability or autism or a family carer.**

At the CETR meeting, they seek the views and experience of the family and carers and the young person themselves to make sure that all options have been exhausted when it comes to supporting the young person to remain in their local community. They also seek to understand how local services are able to support the young person and identify any barriers to accessing that provision. They make suggestions as to any other options or opportunities which could help the young person live and thrive in the community.

A 'Key Lines of Enquiry' form will be completed in this meeting. This helps put together a summary and feedback for the child or young person which asks four big questions:

- 1. Is the young person safe?**
- 2. What is the current care like?**
- 3. Is there a plan in place for their future?**
- 4. Do they need to be in hospital for their care and treatment?**

## Where can I get more information, advice or support?

You can find out more about the CETR programme by:

- looking at the [NHS England](#) website.
- visiting the [Bringing Us Together](#)
- website. having a look at [The Local Offer](#).

You can also get in touch with Hampshire SENDIASS as we can give you:

- information about other organisations and information services that could help.

Requests for CETR are usually made through the professional team but can be requested directly by a person or their family where needed. Requests are made to [nehfccg.cetr@nhs.net](mailto:nehfccg.cetr@nhs.net)

[Hampshire SENDIASS](#)

0808 164 5504

[www.hampshiresendiass.co.uk](http://www.hampshiresendiass.co.uk)

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